



## Heating Instructions & Food Safety



### Food Item: Pizza/Potato Wedges

Preheat the oven to 325°F. Heat product from a refrigerated state for best results. Place on a sheet pan and cook for approx. 8-10 min.

**Food Item: Waffle** Cook in toaster

**Food Item: Mixed Veggies/Corn**

Stove top: Place in a pan and cook for 3 to 5 minutes.

Place in a microwaveable dish and cook for approx 2 minutes.

**Food Item: Mac & Cheese/Grilled Chicken Sand/Sausage Sand/Burrito/Fajita Chicken**

microwave for approx 2 minutes. Check temp, May need to be cooked for an additional 1 min.

**Please ensure that an internal temperature of at least 165°F is achieved for all cooked products.**

All foods requiring refrigeration need to be kept at a temperature of 40°F or below. **All Fresh Milk:** Refrigeration required. Consume by the “Best By” date located on the product. **All Juice:** Refrigeration required. Consume within 5 days. **Grain-Based Breakfast Pastries:** Previously frozen. Shelf-stable, but consume within 5 days. **String Cheese:** Refrigeration required. Consume within 5 days. **Fresh Whole Fruit:** Wash, refrigeration recommended, but not required. **Fresh Processed/Bagged Fruit & Vegetables as well as cold fruit cups:** Refrigeration required, consume within 5 days or by the “Best By” date if located on the product. **All Shelf-Stable Items (e.g. Applesauce cups, dried fruit, cereal, etc.):** No refrigeration required. Consume by the “Best By” date located on the product. **Cold Sandwiches (e.g. PB&J, Sub Sandwich):** Refrigeration required. Consume within 5 days. **Lunch Items that Require Heating:** Store in freezer or refrigerator until ready to heat & consume. Store in the refrigerator no longer than 5 days. Heat up following the heating instructions on the cooking/heating instructions page. Consume within 2 hours.

For more information, please visit our website at:

[www.bearvalleyfs.com](http://www.bearvalleyfs.com) or email: [Rita\\_acevedo@bearvalleyusd.org](mailto:Rita_acevedo@bearvalleyusd.org)

Child Nutrition Services 909-866-4406

*This institution is an equal opportunity provider and employer.*

**Menu items are subject to change and may vary by location.**



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